



INTERNATIONAL CHEER UNION

COACHING SKILL CREDENTIALING
PERFORMANCE CHEER



WHY CREDENTIAL:

Getting your coaching credential from the ICU, an International Sports Federation (IF) provisionally recognized by the IOC, is an important step in legitimizing your knowledge, experience and coaching position in our sport. It is a valuable tool when applying for coaching positions and is recognized globally. It is a thorough exam that verifies the coaches' knowledge of progressions, terminology, technical standards and coaching concepts.

PROCESS:

- 1.) Register Online [HERE](#)
- 2.) Submit Payment
- 3.) Online Exam Link(s) will be sent to your Email
- 4.) Pass Online Exam(s)
- 5.) Schedule Practical Exam(s)
- 6.) Pass Practical Exam(s)
- 7.) Receive Certificate
(Valid for 3 years)

FEES:

\$30USD per genre/phase (this applies to NEW or ADD ON phases)

\$50USD flat rate for renewals

Payments can be made to the ICU.

TYPES OF CREDENTIALS:

All coaches must test as follows:

- One online exam per genre/phase
- One practical exam per genre/phase

Genres/Phases Offered:

- Pom Phase 1 (Beginner/Intermediate)
- Hip Hop Phase 1 (Beginner/Intermediate)
- Jazz & High Kick Phase 1 (Beginner/Intermediate)
- Pom Phase 2 (Intermediate/Advanced)
- Hip Hop Phase 2 (Intermediate/Advanced)
- Jazz & High Kick Phase 2 (Intermediate/Advanced)

Additional Information

Phases must be completed in sequence for each genre. The ICU Coaching Skill Credentialing programme tests coaches on their current performance cheer knowledge. The programme does NOT test ICU Performance Cheer Rules. The online exam covers terminology, skill recognition, fundamentals, proper technique, progressions and coaching concepts. After passing the online exam the live virtual practical exam will take place, where the coach will further demonstrate their knowledge. More information on both exams can be found in the programme guide.

Prior participation in the ICU's Performance Cheer Global Coaching Techniques Course can assist in the successful completion of both the online and practical exams. Previous course participation is not required. An online skill video glossary is available and may be helpful for preparation:
<http://cheerunion.org/performancecheerglossary/>.

CONTACT DETAILS:

For questions, assistance or more information please contact pccredentialing@cheerunion.org