

# 2024 UNIVERSITY WORLD CUP CHEERLEADING CHAMPIONSHIPS (UWCC) CHEERLEADING & PERFORMANCE CHEER DIVISIONS RULES & REGULATIONS

## I. DIVISIONS

- A. Pom Doubles
- B. Hip Hop Doubles

## II. MUSIC, TIME LIMITATIONS AND ROUTINE FORMAT

- A. The competition is open to all USA & non-USA teams competing in the University World Cup Cheerleading Championships.
- B. All routines must be "Music" only and must comply with the UWCC music guidelines.
- C. Performance time may not exceed one minute and thirty seconds (1:30) in length.
- D. Timing will begin with the first movement, voice or note of music whichever comes first. Timing will end with the last choreographed movement or note of music whichever comes last.
- E. There should not be any organized entrances, exits, or other activities before the routine begins or after the official ending.

## III. GENERAL RULES

- A. UWCC eligibility requirements apply.
- B. Up to 2 entries are allowed per university / scholastic institution per each Doubles (Pom Doubles, Hop Hop Doubles) Divisions.
- B. Each Doubles group will be comprised of two (2) members.
- C. Each Doubles group performance is required to follow the University World Cup Cheerleading Championships (UWCC) Safety Rules and Regulations.

## IV. PENALTIES/VIOLATIONS

- A. Any doubles group in violation of any of the Specific Guidelines or these Rules and Regulations will be assessed a deduction(s) compliant with the UWCC Performance Cheer violation policies detailed herein.
- B. Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to deductions and/or disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in the competition or the University World Cup Cheerleading Championships the following year.

## V. DOUBLES SCORE SHEET

### TECHNICAL EXECUTION

**Execution of Category Specific Style** 10 \_\_\_\_\_

POM: Pom motion technic, control, levels, placement complete, precise, and strong

HIP HOP: Groove and quality of authentic hip hop/street style

**Execution of Overall Movement** 10 \_\_\_\_\_

Body alignment, placement, balance, control, completion of movement, extension, and flexibility

**Execution of Technical Skills & Movement** 10 \_\_\_\_\_

#### Used Within Category

Kicks, leaps, jumps, turns, floor work, freezes, partner work, lifts, etc.

**Execution of Quality of Movement** 10 \_\_\_\_\_

Strength, intensity, presence, and commitment to the movement

### EXECUTION AS A PAIR

**Synchronization** 10 \_\_\_\_\_

Timing of movement with the music

Synchronization & uniformity of the athletes

### CHOREOGRAPHY

**Musicality** 10 \_\_\_\_\_

Movement that compliments the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative & original manner

**Routine Staging** 10 \_\_\_\_\_

Utilization of floor space, transitions, partner work, group work, levels, opposition, etc. Interaction of the pair while allowing for a seamless flow of the routine

**Complexity of Movement** 10 \_\_\_\_\_

Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity, continuity, intricacy of movement, etc.

**Difficult of Skills** 10 \_\_\_\_\_

Level of difficulty of technical skills, partner work, lifts, etc.

### OVERALL EFFECT

**Communication/Projection/Audience Appeal & Appropriateness** 10 \_\_\_\_\_

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal. The performance fulfills the category description and has age-appropriate music, costume & choreography that enhances the performance

**TOTAL** 100 PTS \_\_\_\_\_

\_\_\_\_\_  
(Advisor/Coach/Director's Signature)

\_\_\_\_\_  
(Administrator's Signature)