



# ICU WORLD CHEERLEADING CHAMPIONSHIPS

## POM SCORE SHEET



Team Name \_\_\_\_\_ Judge Number \_\_\_\_\_

### TECHNICAL EXECUTION

#### Category Style Execution

Quality of Pom Motion Technique: placement, control, precise and strong completion of movement 10 \_\_\_\_\_

#### Movement Technique Execution

Movement that has strength, intensity, placement, control, presence and commitment 10 \_\_\_\_\_

#### Skill Technique Execution

Ability to demonstrate appropriate level skills with correct placement, body alignment, control, extension, balance, strength and completion of movement 10 \_\_\_\_\_

### GROUP EXECUTION

#### Synchronization/Timing with Music

Correct timing with team members and the music 10 \_\_\_\_\_

#### Uniformity of Movement

Movements are the same on each person: clear, clean and precise 10 \_\_\_\_\_

#### Spacing

Correct positioning/distance between individuals on the performance surface during the routine and transitions 10 \_\_\_\_\_

### CHOREOGRAPHY

#### Musicality

Movement that complements the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative, unique and original manner 10 \_\_\_\_\_

#### Routine Staging/Visual Effects

Utilization of varied formations and seamless transitions  
Visual impact of staging through group work, partner work, floor work, lifts, levels, opposition, etc. 10 \_\_\_\_\_

#### Complexity of Movement

Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity, continuity, intricacy of movement, etc. Difficulty of skills being credited in relation to correct technical execution 10 \_\_\_\_\_

### OVERALL EFFECT

#### Communication/Projection/Audience Appeal & Appropriateness

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal  
Age appropriate music, costume and choreography that enhances the performance 10 \_\_\_\_\_

TOTAL 100 \_\_\_\_\_