



Dear Parent / Teacher-advisor / Coach / Squad Captain / Cheerleader,

# Re: Cheer Jam 2010 Cheerleading Camp and Coaches Conference

The Cheerleading Association and Register of Malaysia (CHARM), the national governing body for cheerleading in Malaysia, wishes to extend to you an official invitation to participate in the abovementioned event, Malaysia's one and only cheerleading camp and coaches conference.

Cheer Jam 2010 is organised by CHARM and is supported by Celebrity Fitness. SEGI University College is the coorganiser and venue sponsor.

CHARM is committed to educating cheerleaders, teachers and coaches in the proper techniques for cheerleading and adheres to strict safety guidelines for all areas of each activity. In doing so, CHARM hopes to raise the skill level and technical knowledge of cheerleaders and thus improve the overall standard of cheerleading.

*Cheer Jam 2010* will be split into three segments:

- 1. Coaches Conference on December 14;
- 2. Cheer Camp from December 15 to 17;
- 3. Cheer Jam 2010 Competition and Party on December 18.

The Coaches Conference is open to cheer coaches aged 17 and above while Cheer Camp is open to all levels, from peewees to advanced.

Cheer Jam 2010 will see top cheerleading experts from the International Cheer Union (ICU) presenting and teaching to participants from all around the world. The different sessions will range from very hands-on practical to discussions for both the camp and conference, with the option of additional coaching courses with certification at the end of the day for interested coaches.

Enclosed is information that addresses the many details surrounding Cheer Jam 2010. Please read all the information carefully.

Should you have any questions or require any additional information, please do not hesitate to contact us at **charmcheerleading@gmail.com**, or the following persons:

NAME	DESIGNATION	TELEPHONE NO.	E-MAIL ADDRESS
Beverley Hon	CHARM President	+6 (019) 313 6011	charmcheerleading@gmail.com
Tan Yee Ming	CHARM Vice President	+6 (012) 207 9876	yeemings@gmail.com
Heng Li Yen	Event coordinator	+6 (012) 656 9192	hliyen89@hotmail.com
Florence Lim	Event coordinator	+6 (016) 250 1388	florence_lsw@hotmail.com
Marcus Lim	Head of Event Marketing	+6 (012) 987 9879	marcus.hmm@gmail.com

Yours sincerely,

BEVERLEY HON President, CHARM



### **CHEER JAM 2010 INFORMATION**

#### Venue

Conference and camp: Akademi Pengajian Melayu (Academy of Malay Studies), Universiti Malaya, Kuala Lumpur Competition: Dewan Gemilang, Kolej Kediaman Raja Dr Nazrin Shah, Universiti Malaya, Kuala Lumpur

EVENT	DATE	TIME	DETAILS
Certification courses	Dec 13	9am to 8pm	Certification for Cheer Dance – Open to all Certification for Judging Level 1 – Only for those recommended or approved by their national associations/governing bodies.
Coaches Conference	Dec 14	9am to 6pm	For cheer coaches, ages 17 and above
Cheerleading Camp	Dec 15 Dec 16 Dec 17 Dec 18	9.00am to 6.15pm 8.30am to 6.15pm 8.30am to 6.15pm 8.30am to 11.00am	Open to all ages and skill levels, from peewees to advanced
Coaching certification	Dec 14 to 17	6.30pm to 8.30pm	For those aged 17½ and above
Cheer Jam 2010 competition	Dec 18	11.15am to 12.45pm	Partner Stunt Cheer Dance Small Group (to be confirmed)
Cheer Jam 2010 Party	Dec 18	1.00pm to 4.30pm	Camp awards and Cheer Jam Party, open to all

- Cheer Jam 2010 is organised by CHARM and will be conducted by the International Cheer Union (ICU).
- Cheer Jam 2010 is a commuter camp and conference. Participants are not required to stay over and will have to commute to and from the camp venue daily. Any information enclosed pertaining to accommodation is directed to participants from out of town or abroad.
- Each participant will receive a *Cheer Jam 2010* gift pack consisting of a camp souvenir, and any products or gifts from the event's corporate sponsors.
- The *Cheer Jam 2010* Corporate Sponsor to date is Celebrity Fitness.
- Please note that the *Cheer Jam 2010* is not an official school activity and that the schools and the Malaysian Education Ministries are not responsible for any occurrences at the camp and conference.
- At least 20 classes worth RM50 each will be conducted throughout the camp and conference.
- A Cheer Jam competition will be held on the last day of the camp to provide participants with the opportunity to
  present what they have learned throughout the camp as well as the chance for new cheerleaders to gain competition
  experience.
- The Cheer Jam competition will utilise ICU Cheer and Dance rules and tentatively offer the following divisions:
  - o Partner Stunt Level 6
  - O Cheer Dance Small Group (maximum of 8 pax in a team)



# **CHEER JAM 2010 TENTATIVE SCHEDULE**

# DEC 14 – COACHES CONFERENCE

TIME	ACTIVITY	DESCRIPTION
0830 to 0900	Registration	
0900 to 0915	Welcome note	Introductions and briefing
0915 to 1000	Rule updates	Changes in rules and formats
1000 to 1015	Q&A	On rule updates
1015 to 1045	Handling emergencies	
1045 to 1115	Team management	
1115 to 1145	Discussion	Teaching beginners and pee wees
1145 to 1230	Discussion	People management
1230 to 1330	Lunch	
1330 to 1430	Choreography and visual effects for Cheer Dance	
1430 to 1530	Choreography and innovative stunt sequences for Cheer	
1530 to 1630	Teaching tosses	
1630 to 1700	Effective practice methods	
1700 to 1730	Seminar	Understanding Competitions – From the rules to the scoresheet and how the judges think
1730 to 1800	Open session	Q&A / Sharing
1830 to 2030	Coaching certification and exams	Cheer Dance Level 1 ICU Judging Course Level 2 (Part 1)

### DEC 15 - CHEER CAMP DAY 1

DEC 15 - CHEER CA		
TIME	ACTIVITY	DESCRIPTION
0900 to 0930	Registration	
0930 to 0945	Welcome note	Introductions and briefing
0945 to 1000	Rule updates	Changes in rules and formats
1000 to 1015	Q&A	On rule updates
1015 to 1100	Ice-breaking	
1100 to 1130	Pom Technique	
1130 to 1300	Pom Routine	
1300 to 1400	Lunch	
1400 to 1510	Q&A/Seminar	Choreography and visual effects Doubles
1510 to 1600	Dance session	
1600 to 1630	Motions & Jumps	
1630 to 1700	Cheer/Chant class	
1700 to 1800	Routine Jam	
1800 to 1815	Announcements	
1000 10 1813	Q&A	
1830 to 2000	Coaching certification course and	Cheer Dance Level 2
1830 (0 2000	exams	ICU Judging Course Level 2 (Part 2)

<sup>\*</sup>Please note that the schedule is not finalised and may be subject to changes



# DEC 16 - CHEER CAMP DAY 2

TIME	ACTIVITY	DESCRIPTION
0830 to 0900	Registration	
0910 to 0930	Warm-up and stretching	
0930 to 1045	Partner Stunts / Pyramids	
1045 to 1145	Cheer tumbling	
1145 to 1215	Choreography	
1215 to 1245	Routine Jam	
1245 to 1345	Lunch	
1345 to 1415	Sponsor session	
1415 to 1445	Crowd Leading	
1445 to 1530	Cheer Dance	Cleaning and perfecting a routine
1530 to 1600	Pom Routine	Review
1600 to 1700	Routine Jam	
1700 to 1730	Safety and First Aid	Injury Management; Common injuries
1730 to 1800	Open Session	
1800 to 1815	Announcements	
1000 10 1013	Q&A	
1830 to 2030	Coaching certification course and	Cheer Dance Level 3
1030 10 2030	exams	IASF Level 1

## **DEC 17 – CHEER CAMP DAY 3**

DEC 17 - CHEER C		
TIME	ACTIVITY	DESCRIPTION
0830 to 0900	Registration	
0910 to 0930	Warm-up and stretching	
0930 to 1045	Partner Stunts / Group Stunts	
1045 to 1115	Pyramids	
1115 to 1215	Basket Tosses	
1215 to 1245	Routine Jam	
1245 to 1345	Lunch	
1345 to 1415	Sponsor session	
1415 to 1445	Seminar / Discussion – How to compete	Preparing for competitions, accepting yourself, dealing with fears, teamwork, budgets, fundraising, etc.
1445 to 1535	Dance session	Zumba
1545 to 1645	Partner Stunts / Group Stunts / Pyramids	
1645 to 1745	Private coaching	
1745 to 1800	Open Session	
1800 to 1815	Announcements Q&A	
1830 to 2030	Coaching certification course and exams	IASF Level 2



### DEC 18 - CHEER CAMP DAY 4

TIME	ACTIVITY	DESCRIPTION
0830 to 0900	Registration	
0900 to 0915	Warm-up	
0915 to 1015	Seminar	Make-up and costuming
1015 to 1100	Routine Jam competition	
1115 to 1200	Partner Stunt competition	Levels 5 & 6
1200 to 1245	Cheer Dance doubles competition	All-Girl, Co-Ed
1245 to 1300	Q&A	
1300		Lunch
1400	Cheer Jam Party	Camp awards
1400		Competition awards
1630	Camp ends	
1630 to 1830	International Conference	Meeting between representatives of participating
1030 t0 1830	International Comerence	countries

#### REGISTRATION

- Each individual will be required to fill in and submit completed and signed registration and waiver forms by **November 30, 2010** of the following to CHARM headquarters:
  - 1. Response / Participant's Particulars Form (1)
  - 2. Participation, Release Of Liability, Waiver Of Claims and Indemnity Agreement comprising the following:
    - a. Participant Declaration "Volenti Non Fit Injuria" Form (1)
    - b. Parental Consent Form (1) (for ages below 18) <u>OR</u> Individual Consent form (1) (for ages 18 and above)
    - c. Medical Declaration and Emergency Contact Form (1)
- *Note:* The liability release allows CHARM to use any and all photographs, videotapes, etc. in the publicity of the *Cheer Jam 2010*, to include media coverage rights for news, sports, etc.; as well as permission to authorise medical treatment.
- No cheerleader/coach will be allowed to participate in *Cheer Jam 2010* without this form being completed in full.
- Treatment release is a part of the liability release each participant is required to complete and parents/individuals are required to sign. Please note that all treatment for accident/injury/illness is applicable to your insurance policy duly recorded on the treatment form.
- CHARM reserves the right to deny any individual participation in *Cheer Jam 2010* in the event of incomplete forms or late submissions. All relevant forms must be completed accurately and must reach CHARM at No. 34, Jalan 12/12, 46200 Petaling Jaya, Selangor by *November 30, 2010*.
- Completed forms are to be mailed over. Please do not e-mail or fax over your completed forms. International participants may e-mail scans of their forms over but are required to submit the completed and signed hard copy of the forms to CHARM upon arrival in the country.
- Participants with accommodation and transportation requirements are advised to contact Heng Li Yen at +6 (012) 656 9192.
- Enquiries of any nature can also be e-mailed to charmcheerleading@gmail.com or charmcheerleading@yahoo.com.



### **FEE STRUCTURE**

- All camp and conference fees are charged on an individual basis and cover lunch and tea breaks, a gift pack, instructors' fees. The Cheer Camp Package also covers the camp competition and party fees.
- Dinner arrangements can be made for those who choose to stay after camp hours for certification courses but at additional costs. Kindly inform us at least two weeks in advance if you require assistance in these or other areas.
- Transportation and accommodation charges have not included in these fees. CHARM is also able to assist in
  making the arrangements but please note that these additional costs are to be borne by the participant and will
  vary based on the different service providers.
- Should any assistance be required in those areas, CHARM may able to help out but please note that additional charges will be levied by the relevant service providers.
- There is an Early Bird Special for Malaysian cheerleaders, which is only applicable to bookings with payments received by November 16, 2010. Individuals who submit their bookings with payments after that date will not be entitled to the Special and will be charged the full price.
- Those on a tight budget or who are unable to attend camp for the entire duration can opt to attend single days of camp. Please note though that the Early Bird Special does not apply to the single day rates.

	CHARM MEMBERS  Early Normal Bird Rate		NON-CHARM MEMBERS		INTERNATIONAL PARTICIPANTS	
			Early Bird	Normal Rate	Early Bird	Normal Rate
Coaches Conference (Dec 14)	RM190	RM215	RM225	RM250	US\$75	US\$85
Cheer Camp Package (Dec 15, 16, 17 & 18)	RM290	RM325	RM340	RM380	US\$115	US\$120
Cheer Camp (Dec 15, 16 and/or 17)	-	RM130 per day	-	RM150 per day	-	US\$55 per day
Cheer Jam Competition (Dec 18)	RM10 per division		-	RM15 per division	1	US\$5 per division
Cheer Jam Party (Dec 18)	-	RM15	-	RM20	-	US\$8

### Additional courses and exams

Coaching certification will be held after camp hours from 6.30pm to 8.30pm. Those who wish to take the courses may submit their names in advance. We will then update you once the schedule and pricing are ready. Please note that Malaysian coaches will be required to sign a Memorandum of Understanding with CHARM and be part of the Coaches Register.

### Fees for changes and late submission of forms

- A RM5 fee may be levied on any changes to registration after November 30, 2010 per item per time.
- A RM10 late fee per document per person may be levied for failing to meet the assigned deadlines for the following official *Cheer Jam 2010* documents: Participation, Release of Liability, Waiver of Claims and Indemnity Agreement.



## **TERMS OF PAYMENT**

- A 50% non-refundable deposit is due with registration and the remainder must be paid in full by *November 30, 2010* to reserve a place for the respective individual in the cheerleading camp or coaches' conference or both
- Please do not send any payment in cash through the mail. Any cash payments should be deposited into CHARM's account. Please see below for more information.
- There are three (3) options for payment:
  - i. Payment by cheque made payable to *Cheerleading Association and Register of Malaysia* (*CHARM*) and posted to No. 34, Jalan 12/12, 46200 Petaling Jaya, Selangor, Malaysia. Please write your name and telephone number **in pencil** at back of the cheque on the lower left portion and not in the boxes at the top.
  - ii. Payment via money transfer or deposit to CHARM's United Overseas Bank (UOB) account no: 34700015312. Please fax the transaction statement / receipt to +6 (03) 7958 8823 or e-mail a scan of it to charmcheerleading@gmail.com as proof of payment.
  - iii. Payment direct to CHARM. Please call Ms. Beverley Hon at +6 (019) 313 6011 or any other *Cheer Jam 2010* committee member to arrange payment.
- Please note that proof of posting/faxing is not proof or receipt. Participants are advised to contact us to find out if payment has been received.

### **REFUND POLICY**

- Preparations for *Cheer Jam 2010* include arrangements for food, accommodation, transportation, and other matters that require advanced bookings to be made at least two weeks before the event.
- In light of that, no refunds will be made after November 30, 2010. Any monies received after that date will be totally non-refundable.
- As we will be strict about this, we require your kind understanding on this matter please do not become confrontational if we decline to refund the amount you have paid.
- Should a participant who has paid the fees in **full** be unable to attend *Cheer Jam 2010*, and if they inform CHARM by *November 30*, *2010*, he or she will be refunded a 50% of the fee paid with the exception of RM50 to cover food guarantees.
- For hotel payments and guarantees, please note that refunds may not be given and that any surcharges or forfeitures will vary according to the different hotel policies.



# **CHEER JAM 2010 REGISTRATION FORM**

To reserve a place in **Cheer Jam 2010**, please complete the following forms and send them via **snail mail or courier**, along with your payment to the address below by **November 30, 2010**. Please **DO NOT e-mail or fax any forms over** – we apologise for the inconvenience but our tiny fax and printer machines will be unable to cope with the load.

Full name as per IC / passport (please underly	ine surname)				
Street address					
City / District		State			
Postcode		Country			
Phone number (land line)		Fax number			
Cell phone number		E-mail address			
IC / Passport number	<u>.</u>	Gender		Date of birth	
Organisation / Club name		School / College / University name			
Name of national governing body					
Type of membership (please mark ☑):					
☐ CHARM member	□Non-CHARN	M member	☐Internationa	l participant	
Cheerleading skill status (please mark ☑					
☐ No experience ☐ Beginner ☐ Intern	nediate	□Advanced	☐ Coach	$\square$ Dance only	
T-shirt size (please mark ☑):					
Women's □ XS □ Smal Men's □ XS □ Smal		<ul><li>☐ Medium</li><li>☐ Medium</li></ul>	☐ Large		
		□ Medium	□ Large	$\Box$ XL	
Registering for (please mark ☑ for all that apply):  □ Coaches' Conference (December 14)  □ Cheerleading Camp Package (December 15 through to December 18)  □ Single-day Camp (please mark ☑ for chosen dates): □ December 15 □ December 16  □ Cheer Jam Competition – Partner Stunt (December 18)  □ Cheer Jam Competition – Cheer Dance Doubles (December 18)  □ Cheer Jam Party (December 18)					
CHEER JAM 2010 REGISTRATION FORM - Continued on next page					

CHEERLEADING ASSOCIATION AND REGISTER OF MALAYSIA (CHARM) (2873/2008)



CHEER JAM 2010 REGISTRATION FORM – PAGE 2						
Competing in (please mark ☑ for all that apply):  □ Partner Stunt – Level 6  □ Cheer Dance Small Team (Maximum of 8 pax)						
	oice of accommodation (please mar or outstation and overseas participa		dingly)			
	HOTEL	ROOM RATE & D	DESCRIPTION	NO. OF ROOMS REQUIRED	NO. OF NIGHTS	NO. OF PERSONS PER ROOM
1		Twin room with bripax (RM178.25 net				
2	Crystal Crown Hotel Petaling Jaya	Twin Room withou 2 pax (RM166.75 per nig	,			
3		Additional bed with (RM55.20 per nigh				
4		Additional bed with (RM43.70 per nigh	hout breakfast			
5	Shah's Hotel, Petaling Jaya	Standard room for breakfast (RM138.				
6	Shan's Hotel, Fetaning Jaya	Deluxe room for 3 (RM160.00 per nig				
* Please note that the maximum number of people allowed in one room varies according to the different hotel policies.						
☐ Check-in date ☐ Check-out date						
☐ Sharing the room with						
I hereby attest that the information that I have provide is accurate and that I have read the Refund Policy and understand and accept its contents. I have also advised my team/parents/group of this Refund Policy.						
I have also reviewed the Competition Guidelines and hereby accept the CHARM standardised rules as the governing rules of the Cheer Jam 2010 Competition and agree to adhere to the policies and procedures contained herein.						
Par	Participant's signature Date					



## **CHEER JAM 2010 PARTICIPANT DECLARATION**

### "VOLENTI NON FIT INJURIA"

#### **WARNING!**

By signing this document, you acknowledge that there are risks involved and will waive certain legal rights, including the right to sue.

This declaration means you will release and indemnify CHARM, the International Cheer Union (ICU), the assigned coaches / instructors, their respective directors, officers, managers, members, employees, volunteers, officials, participants, agents, sponsors, owner's/operators of the facilities and representatives from any liability or claims whatsoever.

Please read carefully.

### VIGOROUS ACTIVITY - EVERY SPORT, INCLUDING CHEERLEADING HAS ITS RISKS.

As a participant of the Cheer Jam 2010 Cheerleading Camp and Coaches Conference (hereafter referred to as "Cheer Jam 2010"), you will be participating and be involved in a vigorous athletic activity that will include stunts, mounts, gymnastics, jumps and dance. Due to the nature of the activity, we wish to inform you that the possibility of injury does exist as with any other athletic activity.

### CHEERLEADER / COACH'S ACKNOWLEDGEMENT AND PARTICULARS

I desire to voluntarily participate in **Cheer Jam 2010.** I hereby acknowledge that I am aware of the risks and hazards associated with or related to cheerleading. The risks and hazards of cheerleading include, but are not limited to, injuries relating to:

- Executing strenuous and demanding physical techniques;
- Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
- Exerting and stretching various muscle groups;
- Dryland training;

Initial/signature: \_\_\_\_

- Falling or colliding with the floor, mats, walls, stands, equipment or with other participants;
- Failing to properly use any piece of gymnastics equipment or from the mechanical failure of any piece of gymnastics equipment;
- Contacting or being struck by other participants (including spotters), spectators or equipment;
- Travel to and from competitive events and associated non-competitive events.

Furthermore, I am aware that:  Injuries sustained in cheerleading can be severe, catastrophic and even fatal;  Injuries sustained in cheerleading can be catastrophic and render me permanently paralysed;  I may experience anxiety while challenging myself during the activities, events and programmes;  Rules are designed to enhance the safety of myself and others and are to be followed at all times;  My risk of injury increases as I become fatigued.
Initial/signature:

CHEER JAM 2010 LIABILITY WAIVER FORM - Continued on next page



### CHEER JAM 2010 LIABILITY WAIVER FORM - PAGE 2

## I AGREE TO BE RESPONSIBLE FOR MYSELF:

I agree that there are risks in cheerleading as described above. By participating voluntarily in **Cheer Jam 2010**, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might incur while participating in these events, activities and programmes.

In consideration of my participation in **Cheer Jam 2010**, I hereby release CHARM, the ICU, the assigned coaches / instructors, their respective directors, officers, managers, members, employees, volunteers, officials, participants, agents, sponsors, owner's/operators of the facilities and representatives' from any and all claims, demands, actions, loss, injuries, expenses and costs which might arise out of my participation. And no further claim shall be made on my behalf by my guardians or my estate in the event of my death arising from injuries through my participation in **Cheer Jam 2010**.

Jam 2010.				
Initial/signature:				
I HAVE READ THIS DOCUMENT CAREFULLY AND THE EFFECT OF THIS V				
I ACKNOWLEDGE MAKING THIS AGREEMENT I have read and understood the terms and conditions of this abide by these terms.	agreement, and by signing it voluntarily, I am agreeing to			
I agree to co-operate with CHARM/the assigned coaches/instructors and will follow the instructions and rules in accordance with their directions. I understand that failure to obey the rules and instructions of the coaches/instructors and event officials may result in my dismissal and discharge from the event.				
As a cheerleader, I understand that I am free to withdraw r without coercion, duress or intimidation of any sort.	my participation upon my request and at my own free will			
Participant's signature	Date			



\* For those aged below 18 – to be read, completed and signed by either or both parents / guardians.

Please return these forms to CHARM at the address below by November 30, 2010.

## PARENTAL CONSENT FOR PARTICIPATION IN CHEER JAM 2010

I/We the Parent(s)/Legal Guardian of the Participant named above have read the above and understand the risk of vigorous athletic activity. My/Our child/charge is in good health and physically capable of participating in the **Cheer Jam 2010 Cheerleading Camp and Coaches Conference** (hereafter referred to as "Cheer Jam 2010").

I/We hereby grant permission to my child/charge, as named above, to be enrolled in/participate in this cheerleading competition organised by CHARM and agree to the following on my own behalf and on my child/charge's behalf:-

that there are risks in cheerleading as described above. By my child/charge participating voluntarily in **Cheer Jam 2010**, he or she is exposed to these risks and hazards. I/We agree to accept them and be responsible for any injury or other loss which he/she might receive while participating in **Cheer Jam 2010** and that neither myself nor my child/charge shall hold CHARM liable for negligence or any other claim judgement, loss, liability, cost and expenses (including without limitation attorney's fees and costs) arising out of or in connection with **Cheer Jam 2010**, including any claim arising out of or connected to any illness or injury (minimal, serious, catastrophic and/or death) that my child/charge may incur or sustain during participation in **Cheer Jam 2010**, or in connection with all activities associated with the **Cheer Jam 2010** and/or while travelling to and from these site of **Cheer Jam 2010**;

In consideration of my child/charge's participation in **Cheer Jam 2010**, I hereby release CHARM, the assigned coaches/instructors, its sponsors, their respective directors, officers, managers, members, employees, volunteers, officials, participants, agents, servants, owners/operators of the facilities and representatives from any and all claims, demands, actions, loss, injuries, expenses and costs which might arise out of my child/charge's participation in **Cheer Jam 2010** and waive all rights at any time to any legal action against them and further expressly agree to indemnify and hold them harmless against loss from any further claims, demands or actions that may subsequently be brought by my child/charge or by any other persons on account of injury and/or damages sustained in connection with my child/charge's participation in with **Cheer Jam 2010**;

to allow CHARM the right to photograph and/or videotape my child/charge's participation with **Cheer Jam 2010** and to utilise, broadcast and print such videotapes and photographs and my child/charge's name, face, likeness, voice and appearance as CHARM shall deem fit for any purpose whatsoever without any form of payment whatsoever, including but not limited to the purpose of advertising and promoting the programme(s) or similar future events. It is hereby acknowledged that the copyright to such videotapes and photographs shall belong to CHARM absolutely;

to authorise the coach or squad officials to seek treatment for any illness or injury that may be sustained by my child/charge whilst performing the said cheerleading duties (this includes travel and clinic/treatment) and also authorise the doctor and/or hospital nearby to perform treatment to any injury. I/We understand that CHARM and the coaches/instructors assigned assume no financial obligation for any injury that may occur before, during and after the programme. I further acknowledge and understand that I will be responsible for any and all medical bills that may be incurred on behalf of my child/charge for any illness/injury sustained during **Cheer Jam 2010** and while travelling to and from the site of **Cheer Jam 2010**.

PARENTAL CONSENT FORM - Continued on next page



# PARENTAL CONSENT FORM – Page 2

Name of Parent/Legal Guardian 1 (as per IC / passport)		
Relationship to Participant		
Phone number (land line)	Mobile number	
Signature of Parent(s)/Legal Guardian 1	Date	
Name of Parent/Legal Guardian 2 (as per IC / passport)		
Relationship to Participant		
Phone number (land line)	Mobile number	
Signature of Parent(s)/Legal Guardian 2	Date	



\* For those aged 18 and above – to be read, completed and signed by the participant.
Please return these forms to CHARM at the address below by November 30, 2010.

## **INDIVIDUAL CONSENT FOR PARTICIPATION IN CHEER JAM 2010**

I, the Participant named above, have read the above and understand the risk of vigorous athletic activity. I am in good health and physically capable of participating in the **Cheer Jam 2010 Cheerleading Camp and Coaches Conference** (hereafter referred to as "Cheer Jam 2010").

I hereby willingly enrol /participate in this cheerleading competition organised by CHARM and agree to the following on my own behalf:-

that there are risks in cheerleading as described above. By my participating voluntarily in **Cheer Jam 2010**, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in **Cheer Jam 2010** and that neither myself nor my family/club/association shall hold CHARM liable for negligence or any other claim judgement, loss, liability, cost and expenses (including without limitation attorney's fees and costs) arising out of or in connection with **Cheer Jam 2010**, including any claim arising out of or connected to any illness or injury (minimal, serious, catastrophic and/or death) that I may incur or sustain during participation in **Cheer Jam 2010**, or in connection with all activities associated with **Cheer Jam 2010** and/or while travelling to and from these site of **Cheer Jam 2010**;

In consideration of my participation in **Cheer Jam 2010**, I hereby release CHARM, the assigned coaches/instructors, its sponsors, their respective directors, officers, managers, members, employees, volunteers, officials, participants, agents, servants, owners/operators of the facilities and representatives from any and all claims, demands, actions, loss, injuries, expenses and costs which might arise out of my participation in **Cheer Jam 2010** and waive all rights at any time to any legal action against them and further expressly agree to indemnify and hold them harmless against loss from any further claims, demands or actions that may subsequently be brought by me or by any other persons on account of injury and/or damages sustained in connection with my participation in with **Cheer Jam 2010**;

to allow CHARM the right to photograph and/or videotape my participation with Cheer Jam 2010 and to utilise, broadcast and print such videotapes and photographs and my name, face, likeness, voice and appearance as CHARM shall deem fit for any purpose whatsoever without any form of payment whatsoever, including but not limited to the purpose of advertising and promoting the programme(s) or similar future events. It is hereby acknowledged that the copyright to such videotapes and photographs shall belong to CHARM absolutely;

to authorise the coach or squad officials to seek treatment for any illness or injury that may be sustained by me whilst performing the said cheerleading duties (this includes travel and clinic/treatment) and also authorise the doctor and/or hospital nearby to perform treatment to any injury. I understand that CHARM and the coach/instructors assigned assume no financial obligation for any injury that may occur before, during and after the programme. I further acknowledge and understand that I will be responsible for any and all medical bills that may be incurred on my behalf for any illness/injury sustained during **Cheer Jam 2010** and while travelling to and from the site of **Cheer Jam 2010**.

Participant's signature	Date
i articipant s signature	Date



These forms MUST be completed by each *Cheer Jam 2010* participant. Please return these forms to CHARM at the address below by **November 30, 2010**.

# MEDICAL DECLARATION

For the abovementioned purposes, I hereby represent to CHARM and the assigned coaches/instructors, my medical condition as follows:			
Serious illness, injury, or medical treatment over the last 6 n	nonths (if any)		
Allergies / asthma (if any)			
1.			
2.			
3.			
4.			
5.			
Name(s) of medication/asthma inhaler I'm currently on (if a	ny)		
Name of family physician	Contact number(s) of family physician		
Medical insurance company (if any)			
EMERGENCY CONTACT DETAILS			
*To be completed by each Cheer Jam 2010 participant. If you're aged below 18, please give the details of someone			
other than your parent(s)/ guardian – this is in the ev	ent that your parent(s)/guardian cannot be contacted.		
Name of emergency contact			
Phone number (land line)	Fax number		
Cell phone number	IC/Passport number		
Gender	Relationship to participant		