



# ICU WORLD CHEERLEADING CHAMPIONSHIPS



## POM SCORE SHEET

Team Name \_\_\_\_\_ Judge Number \_\_\_\_\_

### TECHNIQUE

**Execution of Pom Motion Technique** 10\_\_\_\_\_

Clean arm lines, levels, placement, movement is sharp, strong and precise

**Execution of Dance Technique** 10\_\_\_\_\_

Correct placement & levels of arms/ torso/ hips /legs/ hands/ feet, body control, extension, balance, style in movement

**Execution of Technical Skills** 10\_\_\_\_\_

Proper execution of leaps, turns, jumps, lifts, partner work, etc

### GROUP EXECUTION

**Synchronization / Timing with Music** 10\_\_\_\_\_

Moving together as one with the music

**Uniformity of Movement** 10\_\_\_\_\_

Movements are the same on each person, clear, clean and precise

**Spacing** 10\_\_\_\_\_

Equal/correct spacing between individuals on the performance surface during the routine and transitions

### CHOREOGRAPHY

**Musicality / Creativity / Originality** 10\_\_\_\_\_

Use of the music accents, style, creative, original movement

**Routine Staging/ Visual Effects** 10\_\_\_\_\_

Formations and transitions, visual impact of group work, levels, opposition, poms, etc.

**Degree of Difficulty** 10\_\_\_\_\_

Level of difficulty of skills, movement, weight changes, tempo, etc.

### OVERALL EFFECT

**Communication / Projection / Audience Appeal & Appropriateness** 10\_\_\_\_\_

Ability to exhibit a dynamic routine with showmanship and audience appeal  
Age appropriate music, costume and choreography that enhances the performance

TOTAL 100 PTS \_\_\_\_\_