



**INTERNATIONAL CHEER UNION
ATHLETE QUESTIONNAIRE**

A. General Athlete Information

1. Athlete's name _____

2. Athlete's email address _____

3. Country Represented _____

4. Continent _____

5. Age _____ Birthdate (dd/mm/year) _____

6. Gender: Female Male

7. Do you have any of the following?

Facebook Name / Account YES _____ NO _____

SKYPE Address YES _____ NO _____

TWITTER address YES _____ NO _____

Instagram Address YES _____ NO _____

SnapChat Address YES _____ NO _____

B. Cheerleading Experience

1. Number of years in Cheerleading _____

2. Number of years in Cheer Dance _____

3. Where do you cheer: National team _____, University team _____,
 School team_____, Club team_____, All Star team_____, Rec team_____,
 STUNT team_____, Other_____ (check all that apply)

4. Years of Competitive Cheer Experience: _____

5. Years of Game Cheerleading experience: _____

6. Years of Cheer Dance experience: _____

C. General Information - Check the answer that is most correct or best describes your personal opinion

	Yes/Agree	Maybe	No/Disagree
Did you compete in the 2014 ICU World Championships?	_____	_____	_____
Was this your only ICU Worlds Championship experience?	_____	_____	_____
Did the ICU World Championships meet your expectations?	_____	_____	_____
Would you rate the ICU World Championships as the best Cheerleading event you ever experienced?	_____	_____	_____
Do you know or understand what is the ICU?	_____	_____	_____
Do you receive communications about Cheer from your National Federation?	_____	_____	_____
Do you have an understanding of the Olympic Movement and the goals set forth for Cheerleading?	_____	_____	_____
Do you have an understanding of the World Anti-Doping Agency (WADA) and what it does?	_____	_____	_____
Have you received any information about WADA from your National Federation?	_____	_____	_____
Would you like to receive more information about the ICU, the Olympic movement and international sport?	_____	_____	_____
Would you like to see a more active Social Media movement in the Sport of Cheerleading?	_____	_____	_____
Would you be interested in having a website dedicated to International Cheer Athletes?	_____	_____	_____

Would you be interested in learning more about the Athletes Council of the ICU?	_____	_____	_____
If you were offered the opportunity, would you like to serve on the Athletes Council of the ICU?	_____	_____	_____
Do you feel it would be important for Cheerleading to eventually be added to the Olympic program?	_____	_____	_____
Do you plan to continue your career in Cheer in some capacity after you finish competing in Cheer?	_____	_____	_____
Would you like to be a Cheerleading Coach?	_____	_____	_____
Would you like to be a Cheerleading Judge?	_____	_____	_____
Would you like to work for your National Federation or work with the ICU?	_____	_____	_____

D. Cheerleading Specific Information - Check the answer that is most correct or best describes your personal opinion

	Yes/Agree	Maybe	No/Disagree
Do you like the competition format currently being used in ICU World events?	_____	_____	_____
Do you feel that at the World Championships, that Cheerleading is judged accurately and fairly?	_____	_____	_____
Do you feel confident in the ability of the judges that judge the ICU World Championships?	_____	_____	_____
Do you feel there needs to be more judges education?	_____	_____	_____
Do you have a basic understanding of Cheerleading Judging and Cheerleading Score Sheet?	_____	_____	_____
Do you feel there needs to be more coaches education?	_____	_____	_____
Do you feel that enough attention is given to safety in Cheerleading?	_____	_____	_____
Do you feel the Cheerleading rules allow you and your team to be creative, innovative and experiential?	_____	_____	_____
Do you feel your coaches are given the proper support, education and are able to coach at a World-class level?	_____	_____	_____
Would you be interested in attending a Cheerleading Education course, clinic or camp?	_____	_____	_____
Would you be interested in attending specialty training Programs on specific areas of Cheerleading? (Stunting, Tumbling, Pyramids, Baskets, etc.)	_____	_____	_____

E. Athlete Sport to Professional Development Information

Please mention the life skills that you are/have been able to transfer from Cheerleading to a professional life after Cheerleading (Rank the following as

1. Most Important 2. Somewhat important 3. Not important)

_____1 No particular skill

_____2 Ability to perform under press

_____3 Team work skills

_____4 Ability to set goals/meet deadlines / strategic planning

_____5 Dedication and perseverance

_____6 Self-motivation

_____7 Patience

_____8 Personal Enjoyment and Social development

_____9 Ability to recognize my limitations

_____10 Leadership

F. Athlete Professional Development Support Information

On which of the topics listed below would you like the ICU Athlete Commission to provide you with information and support? (Check all that apply)

_____1 Health and Nutrition

_____2 The ICU Anti-Doping Program

_____3 Financial Planning

_____4 Time management

_____5 Educational Opportunities

_____6 Cheer Coaches Education

_____7 Cheer Judging Education

_____8 Stress Management

_____9 Goal setting

_____10 Career Planning

_____11 others, please specify _____

G. Cheerleading Athlete Education Development

According to your experience, which form of education is best suited for planning your career after sport while still being an athlete? (choose 1)

_____1 Full-time academic training

_____2 Part time academic training

_____3 Distance education

_____4 E-learning

_____5 No particular education before the end of the sports career

H. Cheerleading Athlete Career Transition & Development

1. Who offers/offered the greatest support in your career planning (By Rank, Please list in order - First second and third , etc... 1, 2, 3, 4, & 5)

_____1 No Support

_____2 Family (parents)

_____3 Family (partner)

_____4 Friends

_____5 Sport-related network

_____6 Coach

_____7 Professional network

_____8 School and/or university

_____9 Career advisers

_____10 National Olympic Committee / National Sport Authority

_____12 National Cheer Federation

_____13 International Federation- International Cheer Union (ICU)

_____14 Other _____

2. When would you recommend to any athlete is the best time to start planning your career? (Choose 1 answer)

_____1 Before an athlete becomes very involved with their sport

_____2 While the athlete is very involved in their sport

_____3 Near the end of an athlete's involvement in their sport

3. Do you feel comfortable speaking about career transition from sport to professional life?

_____1 Comfortable

_____2 Not comfortable

4. Would you feel more comfortable competing as an athlete if you had a clear view of what you might do after your sports career?

_____1 Yes

_____2 No

5. What do you expect the major challenges to be when considering transitioning to spending more time on a career? (Choose the 3 most relevant)

_____1 Coming to terms with the loss of social attention (public, media)

_____2 Being confronted with the lack of precise professional goals/an uncertain future

_____3 Receiving no significant support from the sports world

_____4 Academic training/education opportunities, including financial

_____5 Feeling incompetent/unaware in any other field beyond the athletic domain

_____6 Dealing with unrealistic personal expectations about life after sport

_____ 7 Being afraid to lose control of my body fitness (or shape)

_____ 8 Coming to terms with difficult emotions (sadness, helplessness, anger, etc.)

_____ 9 Other challenges: _____

6. Which of the below still need to be further developed and you would like to see offered by the ICU Athlete Commission? (Choose 3 most relevant)

_____ 1 Identify assets/sport skills that are transferable to the labor market

_____ 2 Refer to a local network to develop professional skills

_____ 3 Help identify professional goals

_____ 4 Provide useful contacts in the job market

_____ 5 Draft a resume

_____ 6 Job hunting

_____ 7 Interview preparation

_____ 8 Provide a support network

7. Through which of the communication channels listed below would you prefer to be approached in order to find information on this theme? (Rank in your preferred order, First, Second, Third – 1, 2, 3,)

_____ 1 ICU Website

_____ 2 National Cheer Federation Website

_____ 3 ICU Internet/newsletters, website page/factsheets

_____ 4 Text message (SMS)

_____ 5 Letters

_____ 6 Books including advice, tips and tricks, athlete stories/commentary, etc.

_____ 7 Face-to-face discussion

_____ 8 During competition (booth in competition venue)

_____ 9 Hotline (phone) or SKYPE

I. Personal & Confidential

Would like you to have a “HOTLINE” or “SECURED WEBSITE” that would allow you to report or discuss issues that are either private or of a personal nature?

YES _____ NO _____

Do you have concerns about abuse, sexual harassment, or other personal issues that you are concerned about and feel the Athletes Council needs to be aware of or address?

YES _____ NO _____

Do you have any issues that you feel the ICU needs to be aware of that are of grave concern to you about Cheer and its environment?

YES _____ NO _____

PRIVACY AND CONFIDENTIALITY STATEMENT

____ I herewith agree to provide accurate, current and complete information about myself. I hereby authorize the ICU to post information about myself contained in this questionnaire in whole or in part, on the IOC’s public website or on print or electronic media for the promotion of the ICU Athlete’s Career Program. I understand that the information will not be used by the ICU for any other purposes than stated above without my written authorization. In understand that the information may be downloaded, used, reproduced and/or altered without consent by unknown users of the ICU website and that is beyond the ICU’s control. I hereby release the ICU of any and all liability arising from such downloading, use, reproduction or alteration.

____ I want this interview/completed form to remain private and agree that the ICU uses my information for statistical purposes only.